

# 1st CROATIA OPEN POOMSAE 2013

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Welcome to Croatia

Welcome to the Republic of Croatia, new star of European Union.  
It lies on the intersection of important routes between the Adriatic coast and  
Central Europe.

This is first year of Croatia Open Poomsae Championships. We as host want to  
make your staying in our Country memorable one and your sport achievements  
we celebrate together with you and hope that this will be the first of many years  
of your arrival to our beautiful country.

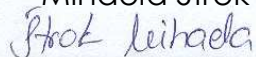
We are sure to make your visit a memorable one.

**Welcome!**

Organizing Committee

Manager

Mihaela Štok



mihaela.stok@hst.hr

Organizing Committee

President

Franjo Prof, PhD



# 1st CROATIA OPEN POOMSAE 2013

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**ORGANIZER:** CROATIAN TAEKWONDO FEDERATION

**HOST:** TAEKWONDO CLUB ZAPRESIC

**MEDIA PROMOTER:** DSN

**CONTACT ADDRESS:** TRG KRESIMIRA COSICA 11,10000 ZAGREB

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**Org. Committee**

**President:** Mr. Franjo Prot, Phd, President CTF

**Manager:** Mrs. Mihaela Strok

**Sportcoordinator**

**Poomsae:** Mr. Viktor Romancuk

**Date:** 19th October, 2013

**Venue:** Zapresic, Highschool "Ban Jelacic", Trg Franje  
Tudmana 1

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## RULES AND REGULATIONS

- Competition will be held according to WTF/ETU/CTF Rules and regulations
- All participants must be prepared to proof their age by presenting their valid passport or ID – card at registration . Starting permission for children and minors liest within the clubs responsibility (mind the liability exclusion). By filing the application the contestants agree that their names will be published on the participants and result lists in the internet.
- All competitors of the CROATIA OPEN POOMSAE participate at their own risk. The registration application implies that the contestant agree to assume all responsibility for themselves and to release all others from all and any liability which may directly or indirectly result from the Croatia Open Poomsae.
- Participating contestants shall wear the WTF- recognized taekwondo uniform. Kup holders with white basic uniform only (no black collar, no coloured trousers).
- Organiser will invite **referees** with a special invitation.

## SCHEDULE

### Friday, 18th October, 2013

17,00 – 21,00      Registratin for all competitors will be in Sporthall  
18,00 – 20,00      Poomsae training for referees, trainers and competitors

***\*for all teams accommodated in official Hotels registration will be on Friday in Hotel at the same time.***

### Saturday, 19th October, 2013

08,00 – 09,00      Registration in Sporthall  
09,15..              Head of team meeting  
09,45 – 10,00      Opening ceremony  
10,00...              Start of competition  
                            Medals ceremony

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## AGE CATEGORIES

GENDER	MARK	AGE CATEGORIE	AGE	BELT	CLASS
M	KA -- 1	MALE CHILDREN	8-10	8. - 5. geup	B
M	KA - 2	MALE CHILDREN	8-10	4. - 1. geup	B
M	KA - 3	MALE CADETS	11-14	8. - 5. geup	B
M	KA - 4	MALE CADETS	11-14	4. - 1. geup	B
M	KA - 5	MALE CADETS	8-14	1.- 3. poom	A
F	KB - 1	FEMALE CHILDREN	8-10	8. - 5. geup	B
F	KB - 2	FEMALE CHILDREN	8-10	4. - 1. geup	B
F	KB - 3	FEMALE CADETS	11-14	8. - 5. geup	B
F	KB - 4	FEMALE CADETS	11-14	4. - 1. geup	B
F	KB - 5	FEMALE CADETS	8-14	1.- 3. poom	A

GENDER	MARK	AGE CATEGORIE	AGE	BELT	CLASS
M	JA - 1	MALE JUNIORS	15 - 17	8. - 5. geup	B
M	JA - 2		15 - 17	4. - 1. geup	B
M	JA - 3		15 - 17	1. - 3. Poom/Dan	A
F	JB - 1	WOMEN JUNIORS	15 - 17	8. - 5. geup	B
F	JB - 2		15 - 17	4. - 1. geup	B
F	JB - 3		15 - 17	1. - 3. Poom/Dan	A

GENDER	MARK	AGE CATEGORIE	AGE	BELT	CLASS
M	SA - 1	MALE SENIORS	> 18	6. - 1. geup	B
M	SA - 2		18 - 29	> 1. Dan	A
M	SA - 3		30 - 39	> 1. Dan	A
M	MA - 1		40 - 49	> 1. Dan	A
M	MA - 2		50 - 59	> 1. Dan	A
M	MA - 3		+ 60.	> 1. Dan	A
F	SB - 1	WOMEN SENIORS	> 18	6. - 1. geup	B
F	SB - 2		18 - 29.	> 1. Dan	A
F	SB - 3		30 - 39.	> 1. Dan	A
F	MB - 1		40 - 49.	> 1. Dan	A
F	MB - 2		50 - 59	> 1. Dan	A
F	MB - 3		+ 60 god.	> 1. Dan	A

GENDER	MARK	AGE CATEGORIE	AGE	BELT	CLASS
M + F	D	PAIR	15<	>1.Poom/Dan	A
M	TA	MALE TEAM	15<	>1.Poom/Dan	A
F	TB	FEMALE TEAM	15<	>1.Poom/Dan	A

## CATEGORIES FOR CREATIV POOMSAE

GENDER	MARK	AGE CATEGORIE	AGE	BELT	CLASS
M	K - A	CREATIVE MALE	> 15god.	>1. Poom/Dan	A
F	K - B	CREATIVE FEMALE	> 15god.	>1. Poom/Dan	A
M + F	K - D	CREATIVE PAIR	> 15god.	>1. Poom/Dan	A
M + F	K - T	CREATIVE TEAM	> 14 god.	>1. Poom/Dan	A

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**Holders of min. 2 Geup, B Class – can compete in A Class, under the rules and regulations for A Class.**

Age categories are based on the year of birth.

**Pair competition:** 2 athletes (m + f)

**Team competition:** 3 athletes (m+m+m/ f+f+f)

COPMETITION	CATEGORIE	COMPULSORY POOMSAE
INDIVIDUAL	KA – 1, KB – 1, KA – 3, KB – 3, JA – 1, JB – 1	Taeguek 1, 2, 3
	KA – 2, KB – 2, <b>KA - 4</b> JA – 2, JB – 2, <b>KB - 4</b> SA – 1, SB – 1	Taeguek 4, 5, 6, 7, 8
	JA – 3, JB – 3, <b>KA – 5, KB - 5</b>	Taeguek 4, 5, 6, 7, 8, Koryo, Keumgang Taebaek,
	SA – 2, SB – 2, SA – 3, SB – 3	Taeguek 6, 7, 8, Koryo, Keumgang Taebaek, Pyongwon, Sipyin
	MA – 1, MB – 1,	Taeguek 8, Koryo, Keumgang, Taebaek, Pyongwon, Sipyin, Jitae, Chongkwon
	MA – 2, MB – 2	Koryo, Keumgang, Taebaek, Pyongwon, Sipyin, Jitae, Chongkwon, Hansu
PAIR, TEAM	D , T – A, TA - B	Taeguek 6, 7, 8, Koryo, Keumgang Taebaek, Pyongwon, Sipyin

On principle all members of a pair / team must be of the appropriate age.  
All Poomsae will be drawn by lot for each category out of the corresponding pool of compulsory poomsae. The forms have to be presented in the same order as they were drawn. The drawing of the Poomsae will be performed by the competition board on October 14th and will be announced immediately on [www.taekwondo.hr](http://www.taekwondo.hr)

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## METHOD OF COMPETITION – RECOGNIZED POOMSAE

### Cut off system

**1<sup>st</sup> round** (Preliminary; **20 or more contestants**): Two Poomsae in accordance with drawing, the best 50% proceed to the next round. If the number of contestants is odd, then the number will be rounded to make even.

(E.g. if there are 25 contestants in the category, then 13 contestants shall advance to the semi-final.)

**2<sup>nd</sup> round** (Semi-final ; **9-19 contestants**):

Two Poomsae in accordance with drawing, the best 8 athletes qualify for the final.

**3<sup>rd</sup> round** (Final; **1 to 8 contestants**): Two Poomsae in accordance with drawing.

**Note:** The individual, pair and team divisions up to 11 years – **Children** – will start from semi-final (9 and more contestants) or final (1 to 8 contestants) – **No 1<sup>st</sup> round !**

The organiser reserves the right to reduce the number of Poomsae to be performed in the preliminary and the semi-final round to one (1) form.

## PROCEDURE IN CASE OF EQUAL SCORE

- a) In case there is a tied score after the completion of the preliminary round at the last place of the best 50%, respectively on the 8th rank of the semi final round, the higher points in presentation will be the determining factor for advancement to the next round. If this score is equal as well, all athletes in question will proceed.
- b) In case there is a tied score after the completion of the final round on the rank 1, 2, or 3, the contestant who is awarded more points in presentation shall be declared the winner. In case the score is still tied, then one who has higher total points (including highest and lowest points) shall be the winner. If it's still tied then a rematch between the contestants in question shall be conducted. The referee will decide on the Poomsae to be performed (in any case one of the compulsory Poomsae.)

**The music for the Free Style** performance must be brought on CD by the competitor (please be sure to label the disc with your name and the appropriate track number).

**Number of Poom:** Each performance shall be composed of 20 to 24 poom.  
(Composition of 1 poom shall be no more than 5 motions.)

**Technique:** Each performance shall be composed of attacking and defending techniques of taekwondo with 60% foot techniques and 40% hand techniques.

Each performance shall have a duration from 60 seconds to 70 seconds.

Performed techniques must be within the boundaries of taekwondo.

Music & choreography shall be the choice of the contestant.

Scoring shall be made in accordance with the rules of the WTF.

**Arbitration board**, protest charges and possible changes of the course of events will be announced at the head of team meeting.

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## AWARD PRESENTATION

The awarding ceremony for the individual, pair and team categories will take place right after the respective contest.

Medals for place 1, 2 and 3 in each category; trophies for place 1, 2, and 3 in the team ranking.

## APPLICATION

For applications please go to [www.tkd-natjecanja.com.hr](http://www.tkd-natjecanja.com.hr)

**Deadline: October 15th 2013**

Entries after this deadline will not be accepted.

## ENTRY FEE

SINGLE DISCIPLINE	TWO DISCIPLINES	THREE DISCIPLINES
35 €	45 €	55 €

This fee should be paid in cash at the Registration

## ACCOMMODATION

For accommodation please fill out Hotel reservation form and send it back to Organising Committee on e-mail or fax no later than October 05th 2013

FOR ANY OTHER INFORMATION YOU MIGHT NEED, PLEASE CONTACT THE ORGANISER

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